

## Life Experiences Checklist

### PEOPLE

- Adults .....
- Babies .....
- Toddlers.....
- Children .....
- Noisy children.....
- Teenagers.....
- Seniors .....
- Both Genders .....
- Different Ethnicities

### PEOPLE WITH

- Canes .....
- Crutches.....
- Legs in cast.....
- Metal walkers.....
- Wheelchairs .....
- Guide dogs.....
- Prams.....
- Baby carriers.....
- Back packs .....
- Luggage .....
- Shopping carts .....
- Limps.....
- Erratic body moves

### PEOPLE IN UNIFORM

- Postal workers.....
- Veterinary staff.....
- Meter readers .....
- Couriers .....

### PEOPLE WEARING

- Raincoats .....
- Umbrellas .....
- Sunglasses.....
- Hats .....
- Beards.....
- Helmets.....
- Costumes .....
- Unusual hairdos .....
- Unusual headgear..

### ENVIRONMENT &

#### NOISES

- Sirens.....
- Thunder & lightning
- Fireworks.....
- Building demolition
- Nail guns .....
- People yelling.....
- Crowds .....

#### MOVING THINGS

- Joggers .....
- Skateboarders .....
- Cyclists.....
- Roller bladders.....
- Scooters.....
- Flags.....
- Streamers.....
- Swings.....
- Skipping ropes.....
- Remote control toys

#### TRANSPORT

- Cars .....
- Buses .....
- Trams .....
- Trains .....
- Motorbikes .....
- Trucks .....
- Street cleaners.....
- Garbage trucks.....
- Helicopters .....
- Aeroplanes.....
- Hot Air Balloons...

#### HOME ENVIRONMENT

- Telephone ringing.
- Doorbell .....
- Loud TV .....
- Loud music.....
- Hair Dryer .....
- Vacuum cleaner....
- Brooms.....

- Mops .....
- Kettle .....
- Dishwasher.....
- Washing machine.

#### DIFFERENT SURFACES

- Stairs (up & down)
- Sand Wood .....
- Ceramic tiles .....
- Vinyl.....
- Grates.....
- Grass .....
- Wet grass .....
- Gravel .....
- Cement.....
- Metal surfaces .....

#### ANIMALS

- Friendly dogs.....
- Puppies.....
- Small pets.....
- Birds .....
- Cats .....
- Livestock.....

#### DIFFERENT ENVIRONMENTS

- Car rides.....
- Vet clinic.....
- Park.....
- Groomers .....
- Shopping centres ..
- Outdoor café.....
- Automatic doors...
- Schools.....
- Walk after dark....
- Bridge .....
- Busy intersection..
- Beach .....
- Sporting events.....
- Boarding kennels..
- Friend's houses....